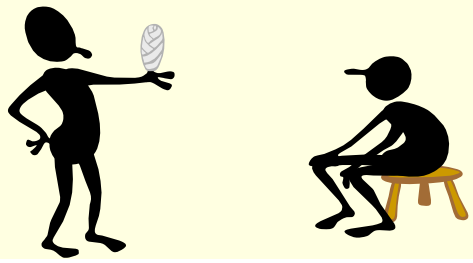
Active Listening

1. Look at the person who is talking
2. Think about what is being said
3. Wait your turn to talk
4. Say what you want to say



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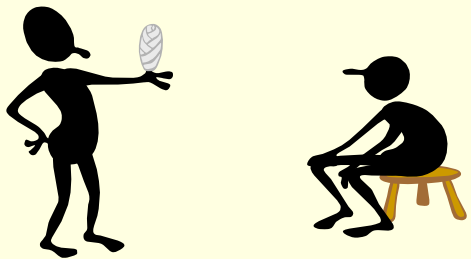

6

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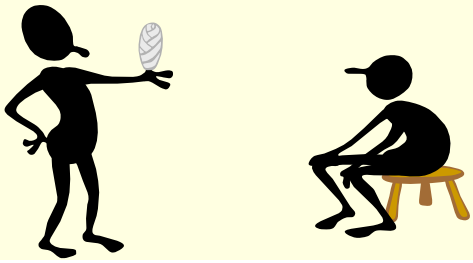

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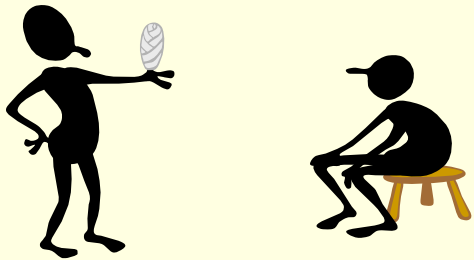

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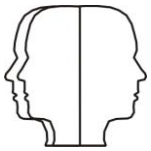
Name: _____ **Date:** _____



Homework Sheet: Lesson 2

Fill in first three sections before leaving the session.

Skill to practice:

Anticipated Situation:

With Whom? _____

When? _____

Where? _____

Steps to follow (Write down each step of the social skill):

1.	4.
2.	5.
3.	6.

Fill in after doing your homework.

Describe Your Actions (What you specifically did to follow each step of the skill):

1.	4.
2.	5.
3.	6.

(Continued on Next Page)

1. What happened when you did the homework?

2. How well did you do at following the steps of this skill? *(Circle one)*

Excellent *Good* *Fair* *Poor*

3. *What is another situation in which you could use this skill?*